



Owners' & Managers' Retreat February 22-23, 2012

Red Lion Hanford House Hotel in Richland, WA

**THANK YOU!
RETREAT
SPONSORS**



**THANK YOU!
Guest
Speaker**



LONGITUDES group

Wednesday, 2/22

- 5am - 1pm Workout at Columbia Basin Racquet Club available
- 1:30pm **Welcome - Introductions**
- 1:45pm *Life Fitness intro/presentation*
- 2:45pm **FitLife Round Tables**
- 3:00pm Break & Hotel Check-In
- 3:30pm **FitLife Round Tables**
- 4:45pm *Precor intro/presentation*
- 5:00pm Break
- 5:15pm **FitLife Business Meeting**
- 6:00pm Social Hour
- 7:30pm **Dinner**

Thursday, 2/23

- 5:00am Morning workout at Columbia Basin Racquet Club available
- 8:00am Continental Breakfast
- 8:45am *Matrix intro/presentation*
- 9:00am **Applying the POWER OF PLACE to Your Club by Sara Killeen at Longitudes Group**
- 10:30am Break
- 10:45am *Foundation Fitness intro/presentation*
- 11:00am **Break out session and resume with Longitudes Group**
- 12:00pm Wrap-Up & Adjourn